



Baby on Board Doula Training Birth and Postnatal

This course is designed for women who have had their own children or child care workers that have had at least two years experience with new born babies or children less than two years of age.

Course numbers are limited as this enables us to facilitate group work, discussions and interactive teaching.

Venue: Eastleigh College
Chestnut Avenue
Eastleigh
SO50 5FS
<http://www.eastleigh.ac.uk/>



Baby on Board Doulas are the owners of the Professional Doula Award Level 3 CACHE Qualification. Baby on Board Doula Training has been endorsed by CACHE



Baby on Board Doulas having satisfied all applicable requirements has been accredited as a Recognised Education Provider.

Centre Number 50951
Issued February 2007

Our FEDANT Registration Numbers
http://www.fedant.org/search/registered_teacher.htm

Laura 11723
Julie 11725
Nicole 11631

Course Content

Day 1: Birth 9.30-4.30pm	Day 2: Birth am 9.30-12-pm Breastfeeding session 1-4.30pm	Day3: 9.30-4.30pm Postnatal am Marketing pm
De-briefing Births Experiences/Practicing Listening skills Relaxation/Stress in labour Birth plan/benefits/how to write them effectively Role of the support person Role of the Doula Role of the Midwife Positions for labour and birth Early Stages of Labour Active labour Transition Birth 3 rd stage Place of birth: Home/Hospital Self help methods of pain relief Discussion Time	Unexpected outcomes Discussion Time Pharmacological pain relief Caesarean birth Birth Pool <hr/> Breastfeeding - how? Review of the most common problems Enabling women to breastfeed Our role within the parent's support networks So what now?	Role of a postnatal doula Setting the boundaries Postnatal time line/Postnatal Depression Practical baby: Routines Crying baby What's in a nappy Sleep Sudden infant death syndrome. Discussion Time <hr/> Marketing /Advertising Insurance/Tax First Aid Courses Police check (CRB) PDA Assignment Baby on Board Doula Forum Discussion Time

To book a place: Please complete and return the slip with a £50.00 non-refundable deposit to secure your place and receive details about registration and enrolment with the college. (The balance is due no later than 10 working days before the course commences). Please e-mail for further information regarding payments.

Laura@babyonboarddoulas.co.uk

Baby on Board Doula Training

Name:

Address:

Contact Tel No: _____ Email _____

Capacity in which you are attending-i.e. Parent/Child Care worker
etc _____

The course dates are you applying for _____

I have read the terms and conditions and agree to them:

Signature _____

Any additional information _____

Baby on Board Doula Training Terms and Conditions

1. As course places are limited and cannot always be guaranteed, it is recommended that you telephone Baby on Board Doula Training to determine course vacancies before applying to avoid disappointment.
2. The total cost of the course is £325 including VAT. The full balance is required ten working days before the course commences, this will then be non-refundable.
3. Registration Fee to Eastleigh College £12.50 will need to be paid on the first morning when registration is completed
4. In the event of a participant being unable to attend a course or complete a course no refunds will be available. Participants may be offered a place on a later course at the discretion of Baby on Board Doula Training subject to availability
5. Course fees include, an information pack, refreshments at break times. All other costs such as travel, accommodation and lunch are payable by the participant.
6. It is the participant's responsibility to ensure the course is suitable for their requirements. Baby on Board Doula Training are happy to discuss the course content, aims and learning outcomes. Baby on Board Doula Training accept no liability in the event the course does not meet individual requirements.
7. Baby on Board Doula Training reserve the right to alter the advertised course venue and trainers.
8. In extreme situations it may be necessary for Baby on Board Doula Training to reschedule a course or cancel a course altogether due to unforeseen circumstances. If the rescheduled dates are not convenient to you Baby on Board Doula Training will issue a refund.
9. Baby on Board Doula Training reserve the right to decline applications.
10. All participants are required to observe and abide by all policies regarding health and safety, security and any other regulations as set out by Eastleigh College.

The information on the completed booking form is intended to form a complete statement of the agreement between the course applicant and Baby on Board Doula Training. Discussions, correspondence, documentations or representations prior to the submission of the completed booking form are deemed not to affect the contractual position of the parties unless otherwise expressly agreed in writing.